

## Curriculum Vitae, Anne Margriet Pot



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### Profile

Professor Anne Margriet Pot, is strategic advisor Care for older people at the Health and Youth Care Inspectorate, Ministry of Health, the Netherlands, and is an advisor to establish long-term care systems and improve dementia care and support worldwide. She is endowed professor at the Erasmus School of Health Policy and Management in Rotterdam, extraordinary professor at Optentia, North West University, Johannesburg, South Africa and honorary professor at the University of Queensland, Australia. For over the past 30 years, she has dedicated her work on improving the health and well-being of, and care for older people through research, policy, education and clinical practice.

From 2014 till 2018, Anne Margriet Pot was posted in Geneva at the World Health Organisation (WHO), where she oversaw the WHO's work on the establishment of sustainable and equitable Long-Term-Care systems worldwide. She has made a significant contribution to the World Report and Global Strategy on Aging and Health, the related Global Strategy and Action Plan, and its implementation. She was also responsible for the development of iSupport: WHO's extensive online training and support program for caregivers of people with dementia, convinced that family members and friends caring for older people are in need of easily accessible support to reinforce self-help, provide knowledge and build skills. Currently, iSupport is being implemented in many (currently around 30) countries worldwide.

Previously, as Director of the Programme on Aging at the Trimbos-institute, Netherlands Institute of Mental Health and Addiction, her attention was strongly directed towards monitoring quality of care and the development of innovative evidence based interventions. Unwavering commitment to improving the health, well-being and quality of life of older people, and her heartfelt support for family caregivers was duly acknowledged in 2010 with an International Psychosocial Research Award from ADI and Fondation M d ric Alzheimer for 'Mastery over Dementia' – a self-guided internet intervention for caregivers of people with dementia. It was regarded as the most promising psychosocial intervention.

A prolific writer with more than 225 publications in scientific, academic, professional and peer-reviewed journals, editor of the Dutch Manual on Geropsychology, and in excess of 175 presentations and workshops at scientific and high level policy meetings, Anne Margriet Pot is highly regarded for her devotion to the improvement of research, policy, education and care in the field of health and well-being of older people, and her determination in engendering fundamental changes in how society views aging and care. She was the founder and principal investigator of two national studies: a trend study on Living Arrangements for people with Dementia (LAD-study), and one on outpatient psychiatric care for older adults (MEMO). She has also worked as a registered healthcare and clinical psychologist.

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## Professional experience

- 2020 – present **Erasmus School of Policy and Health Management, Erasmus University, the Netherlands**
- Grant application (2021: 1.2 million Euro from the Dutch Research Foundation - NWO)
  - Developing and leading research programme on regulation on Long-Term Care
  - Supervising PhD-students
- 2018 – present **Health and Youth Care Inspectorate, Ministry of Health, the Netherlands**
- Strategic advisor to improve supervision of long-term care for older people
  - (Re)organizing the research programme within the inspectorate to improve supervision
  - Coordinator of scientific team
  - Supervisor of research projects
- 2014 – 2018 **World Health Organisation (WHO), Geneva, Switzerland**  
*Diplomat*
- Leading WHO's work on the development of sustainable and equitable Long-Term Care Systems globally, by: i. Building understanding and commitment to developing long-term-care systems through global, regional and local policy dialogues to catalyse change; ii. Mapping the current situation in long-term-care provision in countries to inform country action; iii. Providing guidance, tools and technical assistance for countries at all levels of socioeconomic development.
  - Leading the development of iSupport, an extensive online self-help training and support programme for caregivers of people with dementia. This global support tool is for local (national/regional) adaptation and use, also available as hard copy manual. The development took place in collaboration with international expert panel and Alzheimer Disease International. Currently, adaptation and implementation is in progress in many countries worldwide, including India, China, Japan, Brazil, Portugal and the Netherlands.
- 2007 – 2020 **VU University, Amsterdam, the Netherlands**  
*Professor of Clinical Geropsychology, Department of Clinical Psychology*
- Senior lecturer for Bachelor and Master students and vocational training of Clinical Geropsychologists with minimum 5 years in clinical practice, development of programmes and teaching
  - Conducted recruitment of project grants; supervising research projects, scientific staff and PhD students; produced publications; gave presentations
- 2004 – 2014 **Trimbos Institute Netherlands Institute of Mental Health and Addiction**  
*Head of Programme on Aging*
- Conducted fund raising re: wages, overhead and projects of entire team
  - Built and managed team of scientific staff and PhD students
  - Participating in the management-board of the Trimbos-institute
  - Supervised research and implementation of projects; produced publications,
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- gave presentations; advised on policy
- 1997 – 2004 **VU University Medical Centre, EMGO Institute for Health and Care Research**  
**Senior Researcher, Department of Elderly Care Medicine**
- Developed research line on affective and behavioural problems and use of care among frail elderly
  - Organised recruitment of project grants, supervised research projects and researchers, produced publications and developed research policy
- 1996 – 1997 **VU University, Amsterdam, Department of Psychiatry**  
**Researcher Longitudinal Aging Study Amsterdam (LASA)**
- 1995 – 2003 **VU University, Amsterdam, Department of Elderly Care Medicine**  
**Lecturer, supervisor and curriculum developer, vocational training Elderly Care Physicians and Social Geriatricians, GERION**

### Selected International Board Memberships

- 2020 – present Member of the Global Network on Long-Term Care (GNLTC) of WHO
- 2015 – 2019 WHO focal point for INDUCT: Interdisciplinary Research Network for Dementia utilizing Current Technology
- 2010 – present Member of INTERDEM: pan-European network of researchers on early detection and psychosocial interventions in dementia
- 2005 – 2015 Member of board of International Psychogeriatric Association (IPA), Treasurer Elect (2013 – 2015)
- 2011 – 2012 Member of Global Scientific Committee of Wisdem: 28 experts, 16 countries
- 2007 – 2010 IPA focal point in collaborative project ‘Global Improvement of Dementia Care’ (GIDE) of International Psychogeriatric Association (IPA) and Alzheimer Disease International (ADI)
- 2007 – 2011 Co-Chair of 15<sup>th</sup> International Congress of International Psychogeriatric Association (IPA), The Hague: ‘Reinventing Aging through Innovation’
- 2008 – 2009 Member of Scientific Committee of International Psychogeriatric Association (IPA) Congress, Montreal, Canada
- 2008 Co-chair symposium ‘The International Psychogeriatric Association Advocacy Initiative’. Congress World Psychiatric Association (WPA), Prague, Czech Republic
- 2007 – 2008 Member of scientific board of International Psychogeriatric Association (IPA) Congress, Dublin, Ireland
- 2006 – 2007 member of scientific board of International Psychogeriatric Association (IPA) Congress, Osaka, Japan

### Selected National Board Memberships

- 2015 – 2018 Member of Advisory Board ‘Dementie.nl’ developed by Dutch Alzheimer Association
- 2010 – 2016 Member of Supervisory Board of care farm ‘Reigershoeve’, Heemskerk
- 2010 – 2015 Board member / chair of Division Geropsychologists (SOP) of Netherlands Institute of Psychologists (NIP)
- 2011 – 2014 Member of expert-panel to update national dementia guideline
- 2011 – 2012 Member of ‘Platform Integrated Dementia Care’
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2009 – 2010 Member of committee of guidelines of Netherlands Institute of Psychologists (NIP)

### Publications & Presentations

- Over 230 publications in scientific and professional journals; 132 articles in peer reviewed scientific journals, 37 professional publications, 16 books, 12 reports, 35 chapters in books
- Over 175 contributions at scientific meetings and high-level policy meetings

### PhD trajectories

- (Co)promotor of 11 graduated PhDs, Promotor of 4 PhD-students working on their theses
- Regular member of reading committees and/or opposition committees

### Fundraising

- Trimbos Institute (2004 – 2014). Various funds from e.g. Dutch Ministry of Health, ZonMW, EU funding, Dutch Alzheimer Association
- Examples previous project funding: €1.2m for Living Arrangements for People with Dementia (LAD) from Dutch Ministry of Health, Welfare and Sport; €1m for Mental Health Care Monitor for Older Adults (MEMO) from Dutch Ministry of Health, Welfare and Sport; €365k Innovation fund Health Insurers

### Honours

2018 – present      Extraordinary Professor at Optentia, North-West University, Johannesburg, South-Africa

2013 – present      Honorary Professor at School of Psychology, University of Queensland, Brisbane, Australia

2010                  International Psychosocial Research Award (€7,000), awarded by Alzheimer's Disease International (ADI) and Fondation M d ric Alzheimer

### Selected Education

2021                  Harvard University  
*Executive Certificate 'Strategic Management of Regulatory and Enforcement Agencies'*

2019                  Universiteit van Utrecht  
*Leergang: Toezicht in de 21ste eeuw (Course: Regulation in the 21st century)*

2015 – 2019      London School of Hygiene and Tropical Medicine  
*Postgraduate Certificate 'Global Health Policy'*

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- 2004 VU University Medical Centre, Amsterdam, the Netherlands  
*Management Development Trajectory*
- 1990 – 1995 VU University, Amsterdam, Department of Psychiatry, Faculty of Medicine  
*PhD trajectory. Graduation: 23 February 1996*
- 1986 VU University, Amsterdam  
*Master's Degree in Clinical Psychology*
- 1983 University of Groningen, the Netherlands  
*Propaedeutic Psychology*

### Languages

Dutch:	native speaker
English:	fluent
French:	working knowledge
German:	working knowledge
Italian:	basic working knowledge

