

Curriculum Vitae, Anne Margriet Pot



Name **Anne Margriet Pot**
Nationality **Dutch**

Profile

Professor Anne Margriet Pot, is strategic advisor Care for older people at the Health Care Inspectorate, Ministry of Health, the Netherlands, and is involved as an advisor to establish long-term care systems and improve dementia care and support worldwide. She is endowed professor at the Vrije Universiteit Amsterdam, extraordinary professor at Optentia, North West University, Johannesburg, South Africa and honorary professor at the University of Queensland, Australia. For over the past 30 years, she has dedicated her work on improving the mental health of, and care for older people through research, policy, education and clinical practice.

From 2014 till 2018, Anne Margriet Pot was posted in Geneva at the World Health Organisation (WHO), where she oversaw the WHO's work on the establishment of sustainable and equitable Long-Term-Care systems worldwide. She has made a significant contribution to the World Report and Global Strategy on Aging and Health, the related Global Strategy and Action Plan, and its implementation. She was also responsible for the development of iSupport: WHO's extensive online training and support program for caregivers of people with dementia, convinced that family members and friends caring for older people are in need of easily accessible support to reinforce self-help, provide knowledge and build skills. Currently, iSupport is being implemented in several countries worldwide, including for example India, China, Japan, Australia, Brazil and The Netherlands. Pot is involved in research to test the effectiveness of several country adaptations of iSupport.

Previously, as Head of Programme on Aging at Trimbos, Netherlands Institute of Mental Health and Addiction, her attention was strongly directed towards monitoring quality of care and the development of innovative evidence based interventions. Unwavering commitment to improving the health, well-being and quality of life of older people, and her heartfelt support for family caregivers was duly acknowledged in 2010 with an International Psychosocial Research Award from ADI and Fondation M d ric Alzheimer for 'Mastery over Dementia' – a self-guided internet intervention for caregivers of people with dementia. It was regarded as the most promising psychosocial intervention.

A prolific writer with more than 220 publications in scientific, academic, professional and peer-reviewed journals, editor of the Dutch Manual on Geropsychology, and in excess of 150 presentations and workshops at scientific and high level policy meetings, Anne Margriet Pot is highly regarded for her devotion to the improvement of research, policy, education and care in the field of health and well-being of older people, and her determination in engendering fundamental changes in how society views aging. She was the founder and principal investigator of two national studies: a trend study on Living Arrangements for people with Dementia (LAD-study), and one on outpatient psychiatric care for older adults (MEMO). She has also worked as a registered healthcare and clinical psychologist.
